

Food allergy checklist**Where applicable tick the box**

Does your child have any of these symptoms?

Vomiting, diarrhoea, abdominal, cramping, failure to thrive, constipation, severe reflux, severe colic

Eczema, urticaria(hives), swelling, lip and eye swelling, redness, atopic dermatitis

Wheeze, rhinitis

Is there a family history of allergy?

1 or more parent with an allergy

Sibling with an allergy

Do the symptoms appear after eating a common food allergen?

Symptoms appear immediately after eating a common food allergen

Symptoms appear hours or days after eating a common food allergen